	Monday	Tuesday	Wednesday	Thursday	Friday
Break Week 1, 4 and 7	Chilli Cone Contains: Gl, Wh, M May Contain: B, R, O Mexican Bean Cone Contains: Gl, Wh, M May Contain: B, R, O Steak Slice Contains: Gl, Wh, B, M May Contain: R, O	Pitta Pizza – Pepperoni / Cheese & Tomato Contains: Gl, Wh, M Hoisin Pork & Vegetable Noodles Contains: Gl, Wh, Sy, Se	Pizza – Chicken & Sweetcorn Contains: Gl, Wh, M (Gluten Free base) Contains: M Halloumi Fries Contains: Gl, Wh, M	Cheese & Tomato Wholemeal Pizzini Contains: Gl, Wh, M Chicken Shawarma Contains: Gl, Wh, M May Contain: B, R, O	Cheeseburger Contains: Gl, Wh, M May contain: E, Se Redefine Burger Contains: Gl, Wh, Sy May contain: E, M, Se, C, Mu
Break Week 2 and 5	Pizza - Pepperoni / Cheese & Tomato Contains: Gl, Wh, M (Gluten Free base) Contains: M Wedges	Southern Fried Mini Goujons Halal Contains: Gl, Wh, C Cheese & Onion Slice Contains: Gl, Wh, M May Contain: B, R, O Creamy Chicken Bake Contains: Gl, Wh, M May Contain: B, R, O	Sweet Chilli Chicken & Vegetable Noodles Contains: Gl, Wh Cheese & Tomato Wholemeal Pizzini Contains: Gl, Wh, M	Chicken Gyros Contains: Gl, Wh, M Mac & Cheese Pot Contains: Gl, Wh, M	Sausage Roll Contains: Gl, Wh May Contain: B, O, E, M, Mu Veggie Meatball Sub Contains: Gl, Wh, B, O, Sy May Contain: R, E, M, Se Roast Chicken Skewers
Break Week 3 and 6	Chicken Fajita Contains: Gl, Wh Vegetable Fajita Contains: Gl, Wh Sausage Roll Contains: Gl, Wh May Contain: B, O, E, M, Mu	BBQ / Plain Chicken Wrap Contains: Gl, Wh Veggie Fish Finger Sandwich Contains: Gl, Wh, Sy	BBQ Pork & Vegetable Noodles Contains: Gl, Wh, Sy, Mu Beef & Vegetable Pasty Contains: Gl, Wh, B, M	Chipotle Chicken Cup Contains: Gl, Wh, M Carbonara Contains: Gl, Wh, M	Vegetable Spring Rolls Contains: Gl, Wh, Sy Hotdog Contains: Gl, Wh, Su May Contain: Se Veggie Hotdog Contains: Gl, Wh May contain: Se
	A selection of the following available daily: Toast Gl, Wh, Sy, Crumpets Gl, Wh. M/C: M, Sy, Pretzels Gl, Wh, B, Teacakes Gl, Wh. M/C: Se, Fruit Pots / Kebabs, Hash Browns, Toasties Gl, Wh, Sy, M/ Paninis Gl, Wh, M. M/C: R, B, O / Ciabatta Gl, Wh, R, B, M. M/C: E, Sy / Bagel Gl, Wh, B, M. M/C: Se Filled with cheese / cheese & ham, cheese & bacon / cheese & pepperoni / cheese & tomato / cheese, tomato & basil M				

Allergen Key:

Gl – Gluten
Wh – Wheat
O – Oats
B – Barley
R – Rye
M – Milk
E – Eggs
Sy – Soybean
Se – Sesame
F – Fish
Su – Sulphites
Mu – Mustard
C – Celery
M/C - May Contain

THE COURTYARD
Casterton College

Term 2 Break Menu

All menu items are subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Broccoli & Cream Cheese Bake Contains: Gl, Wh, M	Chicken Fajitas Contains: Gl, Wh, M	Beef & Vegetable Stir Fry Contains: Sy	Roast Pork	Oven baked Battered Pollock Fillets Contains: Gl, Wh, F May Contain: B
Vegetarian/ Plant Based	Aubergine Gratin Contains: M, Su	Vegetable & Bean Fajitas Contains: Gl, Wh, M	Mushroom & Vegetable Stir Fry Contains: Sy	Vegan Roast Contains: Gl, Wh	Moving Mountains Plant Based Fish Fingers Contains: Gl, Wh, Sy
Sides	Green Beans Garlic Bread Contains: Gl, Wh May Contain: M, Sy, R, B, O	Rice Sweetcorn Salad	Noodles Contains: Gl, Wh Crunchy Asian Slaw	Roast Potatoes Seasonal Vegetables Gravy	Chips Garden Peas Baked Beans
Jacket or Pasta	Jacket Potatoes with 1 or 2 fillings and pasta (Gl, Wh) with tomato sauce and cheese (M)				
Soup, Salads & Sandwiches	Selection available daily. See packaging for allergen information.				
Hot & Cold Desserts	Apple & Cinnamon Oat Crumble Contains: Gl, Wh, O May Contain: B Custard Contains: M	Fudge Tart with fruit Contains: Gl, Wh, E, M, Sy May Contain: B Fresh Fruit Salad	Pineapple & Coconut Sponge Contains: Gl, Wh, E, Su May Contain: B, M Custard Contains: M	Rice Pudding Contains: M	Apple & Blackberry Oat Crumble Contains: Gl, Wh, O May Contain: B Custard Contains: M

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THE COURTYARD
Casterton College

Term 2 Lunch Menu
Weeks 1 ,4 & 7
All menu items are subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Teriyaki Pork & Vegetable Stir Fry Contains: Gl, Wh, Sy	Beef & Root Vegetable Stew Contains: Su	Chicken Katsu Curry Contains: Gl, Wh, C, Sy	Roast Gammon	Breaded Salmon Fishcakes Contains: Gl, Wh, F
Vegetarian/ Plant Based	Teriyaki Mushroom & Vegetable Stir Fry Contains: Gl, Wh, Sy	Five Bean & Vegetable Stew Contains: Su	Aubergine Katsu Curry Contains: Gl, Wh, Sy	Herby Vegetarian Fillet Contains: Gl, Wh	Veggie Fingers Contains: Gl, Wh
Sides	Noodles Contains: Gl, Wh Crunchy Asian Slaw	Country Vegetables Farmhouse Bread Roll Contains: Gl, Wh, R, B May Contain: O	Rice Broccoli	New Potatoes Carrots Garden Peas Cauliflower Cheese Contains: Gl, Wh, M Gravy	Chips Garden Peas Baked Beans
Jacket or Pasta	Jacket Potatoes with 1 or 2 fillings and pasta (Gl, Wh) with tomato sauce and cheese (M)				
Soup, Salads & Sandwiches	Selection available daily. See packaging for allergen information.				
Hot & Cold Desserts	Blueberry Sponge Contains: Gl, Wh, E May Contain: B, M Custard Contains: M	Pear Oat Crumble Contains: Gl, Wh, O May Contain: B Custard Contains: M	Fruit Jelly	Spiced Apple Cake Contains: Gl, Wh, E, M May contain: B Custard Contains: M	Chocolate Brownie with fruit Contains: Gl, Wh, E, Sy May contain: B Fresh Fruit Salad

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THE COURTYARD
Casterton College

Term 2 Lunch Menu
Weeks 2 & 5
All menu items are subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Tomato & Basil Quiche Contains: Gl, Wh, E, M M/C: R, B, O	Gluten Free Chicken & Sweetcorn Meatballs	Lemon & Garlic Chicken Contains: Gl, Wh May Contain: B	Roast Gammon	Oven baked Battered Pollock Fillets Contains: Gl, Wh, F May Contain: B
Vegetarian/ Plant Based	Pasta in a Roasted Vegetable & Tomato Sauce Contains: Gl, Wh	Veggie Meatballs Contains: Gl, Wh, B, O, Sy	Teriyaki Tofu Contains: Gl, Wh, Sy	Herby Vegetarian Fillet Contains: Gl, Wh	Moving Mountains Plant Based Fish Fingers Contains: Gl, Wh, Sy
Sides	Wedges Broccoli Garlic Bread Contains: Gl, Wh May Contain: M, Sy, R, B, O	Mashed Potato Green Beans	50/50 Rice Corn Ribs	New Potatoes Carrots Garden Peas Cauliflower Cheese Contains: Gl, Wh, M Gravy	Chips Garden Peas Baked Beans
Jacket or Pasta	Jacket Potatoes with 1 or 2 fillings and pasta (Gl, Wh) with tomato sauce and cheese (M)				
Soup, Salads & Sandwiches	Selection available daily. See packaging for allergen information.				
Hot & Cold Desserts	Apple & Cinnamon Oat Crumble Contains: Gl, Wh, O May Contain: B Custard Contains: M	Rice Pudding with Berry Compote Contains: M	Blueberry Sponge Contains: Gl, Wh, E May Contain: B, M Custard Contains: M	Apple & Blackberry Oat Crumble Contains: Gl, Wh, O May Contain: B Custard Contains: M	Fresh Fruit Salad

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THE COURTYARD
Casterton College

Term 2 Lunch Menu
Weeks 3 & 6
All menu items are subject to change